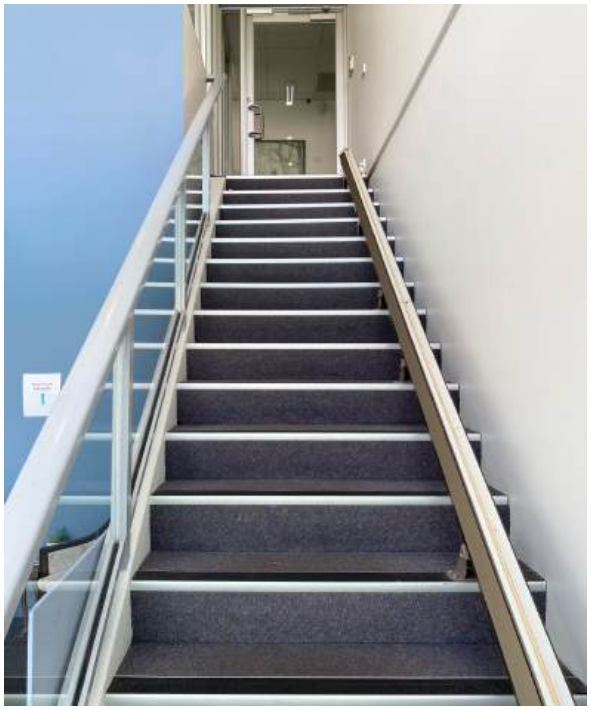
Clinic Social Story

This social story has been developed to give your child an idea of what to expect on their first visit to Foundation Psychology

I am going to see a Psychologist at Foundation Psychology

When I get here, I will push the front door open, walk up the stairs and go to the front desk to tell them my name



Next I will sit in the waiting room.

Here I can read a book or talk quietly until it’s my turn to go in.

I can have a drink from the water fountain if I’m thirsty.

If I need to go to the toilet, my parent/carer will take me down a hallway and through the kitchen to the toilets

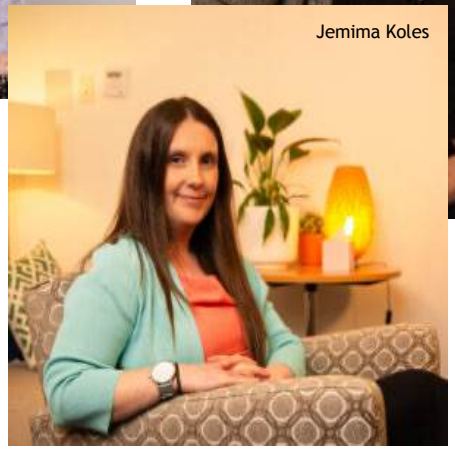
When it is my turn, my Psychologist will come into the waiting room to get me. I'll follow them down another hallway and into their room.

In the Psychologists room, I might play some games, do activities, and have a chat.

My parent/carer may also talk to the Psychologist.

I can ask for a break or to go to the toilet at any time.

Once I’m finished, I will walk back out to the front desk. My parent/carer might talk to the Receptionist and I will wait for them before opening the door to leave.

We look forward to seeing you at Foundation Psychology.

Here are some photos of the Psychologists – can you see yours??